



## Multi Distance Event

This is a SQ sanctioned meet using FULL ELECTRONIC timing.

*This is an ideal event to record your States qualifying times.*

**Date:** 12 October 2024

**Venue:** Lockyer Valley Aquatic Centre  
*(Only 1 hour's drive from Brisbane.)*  
**Full Electronic Timing.**

**Time:** Gates open 7:30 am      Warm Up 7:30 am      First event 8:00 am

**Note:** *The first events are the 1500m and 800m events. Depending on nominations for these events it is anticipated that the 50m session will start at (9:30am approx). A timeline will be available closer to the event on our website.*

**Awards:**

Medals for each event age as stipulated below:

	8	9	10	11	12	13	14	15	16 & Over	Open
50m	X	X	X	X	X	X	X	X	X	
100m			X	X	X		X		X (15 and 16)	X
200m Free				X	X	X	X		X	
200m					X		X		X	
400m								X		
800m								X		
1500m								X		

**Seven and under** are only eligible to swim in 25m events. They will receive a participation medal for the freestyle event only and a ribbon for the other

A "Swimmer of the Meet" prize will be awarded.

**Cost:** **Nominations: \$8.50** per event per competitor plus applicable transaction fees.

EFTPOS is available

**Nominations:** Nominations should be made using Swim Central Online entries.  
**For more information contact:** [gattonSC@bigpond.net.au](mailto:gattonSC@bigpond.net.au)

**Nominations:** **6 October 2024 at 11.59pm**  
 Late nominations will not be accepted.



**IMPORTANT:** Check our website closer to the meet for team rosters and event timing. <https://gatton.swimmingclub.org.au/>

**Contacts:** Emma McLucas 0457 772 275 Lauren Henderson 0404 872 547  
Michael 0455 128 676  
[gattonscarnivalconvenor@gmail.com](mailto:gattonscarnivalconvenor@gmail.com)

**Food:** The canteen and will be open and Gatton SC will run a BBQ on the day.



**Rules:** S.Q. Rules will apply in all events. Age as at the date of the carnival.

**Covid-19:** Although there are no COVID restrictions it is requested that swimmers and spectators maintain social distances where possible and follow safe hand washing and hygiene guidelines.

**Officials:** Each club will be responsible for *at least one timekeeper* for this meet. Clubs who do not supply their allocated timekeepers will not have their nominations accepted. We can accredit officials at this meet.

**Tents:** Clubs need to bring their own shade. No pegs are to be used.





### Multi Distance event

Male	Female	Age	Dist/Stroke
1	2	12 and over	1500 Freestyle
3	4	12 and over	800 Freestyle

### Morning Session 50 m events

#### Freestyle

Male	Fem	Age	Dist /Stroke
5	6	7 and under	25 m Freestyle
7	8	8, 9, 10 Years	50 m Freestyle
9	10	11 & 12 Years	50 m Freestyle
11	12	13, 14, 15 Years	50 m Freestyle
13	14	16 Years & over	50 m Freestyle

#### Backstroke

Male	Fem	Age	Dist /Stroke
25	26	7 and under	25 m Backstroke
27	28	8, 9, 10 Years	50 m Backstroke
29	30	11 & 12 Years	50 m Backstroke
31	32	13, 14, 15 Years	50 m Backstroke
33	34	16 Years & over	50 m Backstroke

#### Breaststroke

Male	Fem	Age	Dist /Stroke
15	16	7 and under	25 m Breaststroke
17	18	8, 9, 10 Years	50 m Breaststroke
19	20	11 & 12 Years	50 m Breaststroke
21	22	13, 14, 15 Years	50 m Breaststroke
23	24	16 Years & over	50 m Breaststroke

#### Butterfly

Male	Fem	Age	Dist /Stroke
35	36	7 and under	25 m Butterfly
37	38	8, 9, 10 Years	50 m Butterfly
39	40	11 & 12 Years	50 m Butterfly
41	42	13, 14, 15 Years	50 m Butterfly
43	44	16 Years & over	50 m Butterfly

### 200 m Individual Medley

Male	Female	Age	Dist	Stroke
45	46	11 – 12 Years	200 m	Individual Medley
45	46	13 & 14 Years	200 m	Individual Medley
45	46	15 Years & over	200 m	Individual Medley

### 100 metre events

#### Freestyle

Male	Fem	Age	Dist /Stroke
47	48	10 – 12 Years	100 m Freestyle
49	50	13 – 14 Years	100 m Freestyle
51	52	15 – 16 Years	100 m Freestyle
53	54	17 Years & over	100 m Freestyle

#### Backstroke

Male	Fem	Age	Dist /Stroke
63	64	10 – 12 Years	100 m Backstroke
65	66	13 – 14 Years	100 m Backstroke
67	68	15 – 16 Years	100 m Backstroke
69	70	17 Years & over	100 m Backstroke

#### Breaststroke

Male	Fem	Age	Dist /Stroke
55	56	10 – 12 Years	100 m Breaststroke
57	58	13 – 14 Years	100 m Breaststroke
59	60	15 – 16 Years	100 m Breaststroke
61	62	17 Years & over	100 m Breaststroke

#### Butterfly

Male	Fem	Age	Dist /Stroke
71	72	10 – 12 Years	100 m Butterfly
71	72	13 – 14 Years	100 m Butterfly
71	72	15 – 16 Years	100 m Butterfly
71	72	17 Years & over	100 m Butterfly

### 400m Medley

Male	Female	Age	Dist	Stroke
73	74	11 and over	400 m	Individual Medley

### 200 metre events

#### Freestyle

Male	Fem	Age	Dist /Stroke
75	76	11 Years	200 m Freestyle
75	76	12 Years	200 m Freestyle
75	76	13 Years	200 m Freestyle
75	76	14 Years	200 m Freestyle
75	76	15 years & over	200 m Freestyle

#### Backstroke

Male	Fem	Age	Dist /Stroke
79	80	11 – 12 Years	200 m Backstroke
79	80	13 – 14 Years	200 m Backstroke
79	80	15 years & over	200 m Backstroke

#### Breaststroke

Male	Fem	Age	Dist /Stroke
77	78	11 – 12 Years	200 m Breaststroke
77	78	13 – 14 Years	200 m Breaststroke
77	78	15 years & over	200 m Breaststroke

#### Butterfly

Male	Fem	Age	Dist /Stroke
81	82	11 – 12 Years	200 m Butterfly
81	82	13 – 14 Years	200 m Butterfly
81	82	15 years & over	200 m Butterfly

### 400m Freestyle:

Male	Female	Age	Dist	Stroke
83	84	11 and over	400 m	Freestyle

# Qualifying Guidelines

## Multi Distance Meet

The following time standards have been set for this meet. Swimmers who have not swum these distances and do not have times **may nominate** but depending on meet running time once the following times have been reached the Referee may conclude that event.

### ***11-12 years***

Distance	Stroke	Time
400m 11-12	Freestyle	6.00.00
200m	Backstroke	3.30.00
200m	Breaststroke	3.40.00
200m	Butterfly	3.30.00
200m	Freestyle	3.30.00
200m	Medley	3.40.00

### ***13 & 14 years***

Distance	Stroke	Time
400m	Freestyle	5.30.00
200m	Backstroke	3.15.00
200m	Breaststroke	3.30.00
200m	Butterfly	3.15.00
200m	Freestyle	3.00.00
200m	Medley	3.15.00

### ***15 years and over***

Distance	Stroke	Time
400m	Freestyle	5.00.00
200m	Backstroke	3.00.00
200m	Breaststroke	3.20.00
200m	Butterfly	3.15.00
200m	Freestyle	2.30.00
200m	Medley	3.00.00

### ***Distance***

Distance	Age	Stroke	Male	Female
1500m	12 and over	Freestyle	20.00.00	21.00.00
800m	12 and over	Freestyle	12.00.00	13.00.00
400m	11 and over	Medley	6:20.00	6:20.00